



Centering Prayer Retreat

Fran Perry, Facilitator
Saturday June 13, 2020
9am - 3pm PDT

Join us for this 1 day contemplative retreat via Zoom whether you are new to Centering Prayer, or have come to deepen your long-time practice.

This retreat will be composed of *intermittent* teachings via Zoom interspersed with times of silence, prayer practice, and personal time for reflection to allow space for movement from our head to the heart center.

Fran Perry is a long-term practitioner of Centering Prayer and Welcoming Prayer. She is a Commissioned Presenter of both forms of prayer through Contemplative Outreach Ltd. Fran is a retired hospital chaplain, spiritual director and holds a Masters in Pastoral Studies. She and her husband, Rich, live in Bellingham, WA and share their lives with their extended family.

Suggested donation: \$15 - \$25.00, scholarships available upon request.
To register, go to Stillpoint at Becksides's Event's page: <http://www.stillpointatbeckside.com>
To contact Fran Perry, facilitator: franjane888@msn.com

A Zoom link will be emailed to those who register before the retreat.

***We embrace the process of transformation in Christ, both in ourselves and in others,
through the practice of Centering Prayer Thomas Keating***