

*"When it comes to recovery from addictions of all kinds, I agree with Bill Wilson in the Big Book: First, we must stop playing God. To this I would add an addendum: First we must stop playing God. Then we must realize God is playing us."*

Rabbi Rami Shapiro

### **Registration Information**

**Note: all fees include a copy of Rabbi Rami's book *Surrendered—the Sacred Art*.**

**Tuesday Night Only – Lecture, Reception, and Book Signing (7:00-9:00pm) in the Nave**

General admission \$40.00;

Students, seniors, veterans \$30.00

**Workshop Wednesday (8:30am-4:30pm with lunch) and Thursday (8:30am-noon)**

General admission \$150.00;

Students, seniors, veterans \$130.00

**All three days with all of the above**

General admission \$165.00;

Students, seniors, veterans \$140.00

To register on-line, go to

<https://www.brownpapertickets.com/event/4494992>

Tickets will also be available at the church on dates to be announced.

For more information contact:

Cherry Haisten at 206-523-7476, ext. 304,

or [thecenter@saintandrewsseattle.org](mailto:thecenter@saintandrewsseattle.org)

Some scholarship assistance and volunteer opportunities are available. Please inquire.

-----  
The Center at St. Andrew's  
St. Andrew's Episcopal Church  
111 NE 80<sup>th</sup> Street  
Seattle WA 98115

The Center at St. Andrew's Episcopal Church  
111 NE 80<sup>th</sup> Street  
Seattle, WA 98115

The Center at St. Andrew's and  
Contemplative Outreach Northwest  
present

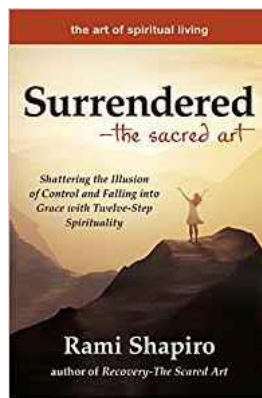
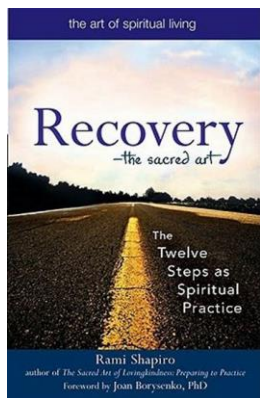
# LIVING A *surrendered* LIFE®



**WITH RABBI RAMI SHAPIRO**

March 10-12, 2020

St. Andrew's Episcopal Church  
111 NE 80<sup>th</sup>, Seattle WA 98115



## TWELVE STEPS OF SURRENDERED LIVING®

1. Cease playing God and admit you are powerless over life—that reality cannot be managed only navigated.
2. Accept your feelings without letting them dictate your behavior.
3. Know your purpose: be a blessing to all the families of the earth, & act accordingly.
4. Cultivate gratitude & forgiveness.
5. Cultivate wisdom & compassion.
6. Cultivate justice & mercy.
7. Cultivate choiceless awareness.
8. Practice noncoercive action.
9. Make direct amends whenever possible.
10. Take a daily moral inventory.
11. Awake in, with, and as the nondual I AM.
12. Live a surrendered life.

**LIVING A SURRENDERED LIFE®**  
Shattering the Illusion of Control and Yielding to the Redemptive Power of Grace  
Based on Rabbi Rami's book *Surrendered, the sacred art*, and drawing upon the Perennial Wisdom and contemplative practices of a number of religious, spiritual, and philosophical traditions including *The Big Book of Alcoholics Anonymous*, Living a Surrendered Life® instructs you in the Twelve Steps of Surrendered Living® and the wisdom, serenity and joy they contain.



Rabbi Rami Shapiro is an award-winning author, popular teacher, and spokesperson for interfaith understanding and mingling. He received rabbinical ordination from the Hebrew Union College—Jewish Institute of Religion, and a Ph.D. from Union Graduate School. Rami

was initiated into the Ramakrishna Order of Vedanta Hinduism by Swami Swahananda in 2011. A congregational rabbi for 20 years and a Professor of Religious Studies for 10, Rabbi Rami writes the *Roadside Assistance for the Spiritual Traveler* column for **Spirituality and Health** magazine, and hosts the magazine's weekly podcast, *Essential Conversations with Rabbi Rami* ([www.spiritualityhealth.com](http://www.spiritualityhealth.com)). Among Rami's over 30 books on religion and spirituality are: *The Sacred Art of Loving-kindness*; *The Divine Feminine in Biblical Wisdom Literature*; *Recovery: The Twelve Steps as Spiritual Practice*; and *Perennial Wisdom for the Spiritually Independent*.



In addition to Living a Surrendered Life®, One River Foundation offers a number of other

programs including Path & Pen® spiritual writers retreats, Holy Rascal® training and ordination, Cup of Wisdom® gatherings, and To Be A Blessing® retreats.

For information on these programs visit

[oneriverfoundation.org/](http://oneriverfoundation.org/). Also visit Rabbi Rami at his website: [www.rabbirami.com](http://www.rabbirami.com), or email him at [rabbirami@gmail.com](mailto:rabbirami@gmail.com).

### About The Center at St. Andrew's



An outreach and ministry of St. Andrew's Episcopal Church, The Center offers a variety of quiet days, workshops, classes and other learning opportunities, as well as special events like this visit of Rabbi Rami Shapiro. During the last year, the focus of The Center has been Contemplative Ministries with an emphasis on Centering Prayer and related topics. All offerings at The Center are open to everyone.

Visit [www.saintandrewsseattle.org](http://www.saintandrewsseattle.org) and click on "The Center" for more information.

### About Contemplative Outreach NW



Founded in Seattle in 1987, Contemplative Outreach Northwest is the second oldest chapter in Contemplative Outreach Ltd., the international network founded by Fr. Thomas Keating to teach and support the practice of Centering Prayer. A dispersed community of individuals and groups committed to living the contemplative dimension of the Gospel in everyday life, Contemplative Outreach fosters the process of transformation in Christ through Centering Prayer, Lectio Divina, the Welcoming Prayer and related practices.

Visit these websites for information:

[www.conw.org](http://www.conw.org) and [www.contemplativeoutreach.org](http://www.contemplativeoutreach.org)