



THE PRIORY SPIRITUALITY CENTER PRESENTS:

# Introduction to Centering Prayer

Saturday, September 7, 2019

9:00AM– 3:00PM      \$55.00

Register & pay online at [www.stplacid.org](http://www.stplacid.org)

Sourced from the depths of Christian contemplative tradition, Centering Prayer has emerged as a life-changing practice for those who embrace it. Learn the method or renew your practice of this ancient way of silent prayer. Our day-long format offers a relaxed way to hear the basics, practice, and ask questions.

Register by prior Friday ~ Minimum: 6 ~ Bring a sack lunch

*If you would like to include an overnight retreat (for an additional fee), please register separately online.*



**Bob Delastrada** is commissioned to present Centering Prayer by Contemplative Outreach. He graduated from the Christos Center for Spiritual Direction and Formation, and received a Master's degree in Theology and Spirituality from St. Catherine's College.



**Charlotte Thompson** is commissioned to present Centering Prayer by Contemplative Outreach.

## MAIL IN PROGRAM REGISTRATION FORM

Introduction to Centering Prayer 9/7/19 \$55.00

If you cannot register online, mail form to:

BENEDICTINE SISTERS

*St. Placid Priory*

The Priory Spirituality Center  
500 College St NE  
Lacey, WA 98516-5339

360.438.2595  
prioryprograms@stplacid.org  
www.stplacid.org



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Alternate Phone

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E-mail

Please enclose 1/2 of the registration fee as a deposit to hold and confirm your enrollment. Deposits are refundable until 7 days before the program date. Any donation made above program costs will be used for scholarships. Programs not meeting minimum enrollment will be cancelled and deposits refunded. Please call to discuss payment options or scholarships. Make Checks payable to: **The Priory Spirituality Center**

Deposit enclosed: \$ \_\_\_\_\_ Full payment enclosed: \$ \_\_\_\_\_